



AP Corr Goals Activity Sheet

Partner with AddyPres Resources for Families Activity #1: *Deep in the Woods with Christopher Corr.*

Directions: Consider and discuss an experience your family can work on together as a long-term goal that benefits the family. Use this activity sheet to define this long-term goal, the steps to achieve it, and what it will mean to your family.

Example: FAMILY GOAL: Start a backyard organic garden. STEPS: 1. Learn more about the importance of regenerative organic agriculture by viewing the videos within the [AP Nutrition Toolbox](#). 2. Begin your experience with this sheet 3. Start a family journal for the project, (where you continue to write about your project experience & how it's going as a log or impactful document to review as you get into the project), NEXT: Assign tasks to each family member, decide how you will start & maintain your garden, plan check-ins and recipes for meals your new garden will provide for your family's *dream house* experience!

OUR FAMILY GOAL:

There are ____ main tasks to begin working toward our goal, they are:

To be successful, we will need to work together as a family. Each person will have tasks.

FAMILY MEMBER:

TASK:

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Now that our goal is defined and each family member has tasks, we are ready to start our experience together! There are some things we need to gather/plan to begin, they are:

After we begin our project, our family will regularly discuss how the project is going, either, daily, weekly or monthly and adjust tasks based on these discussions. This is how we will grow and work together as a family to reach our goals!

Daily Check in: _____

Weekly Check in: _____

Monthly Check in: _____

This project is important to our family because it will:
