



## AddyPres KIND IDEAS Family Resources with Kobi Yamada

### ACTIVITY #2: From the AP Give Program: KIND IDEAS for Schools Canvas Art Project

This enriching activity is a free offering from the AddyPres Foundation, Kobi Yamada & Compendium Inc. in hope that it will bring sunshine into your family's life. Please explore the [AddyPres.org](http://AddyPres.org) website to learn more about the **AP GIVE Program for schools**, supporting evidence-based programs, training & resources that grow tomorrow's global citizens. Please visit [www.addypres.org](http://www.addypres.org) for more information.

## For Families

This lesson is scripted, so you can easily facilitate as a *homeschool* experience with great value or a meaningful family experience. We suggest reading through the following directive completely, then use activity #1 & #2 directives, printable activity sheets & *What Do You Do With an Idea* video tool (found on the AP Family Resources page) to plan your fun family art, reading & discussion experiences to learn, grow and connect.

## OBJECTIVE

The objective of this enriching art-based activity is to help children build *self-awareness skills*, grow courage in sharing their ideas with the world (a benefit for the common good of all) and participate in artistic expression! We suggest that this activity follows the KIND IDEAS Family Activity #1: *Interests, Strengths & Limitations* and expands the concept into an art experience that shares your child's KIND IDEA, which is developed through activity #1. This activity can create a keepsake on canvas or framed art piece. \*We don't suggest doing activity #1 & #2 on the same day.

As offered by CASEL (the Collaborative for Academic Social Emotional Learning), we can teach **Self-Awareness** by helping children accurately recognize their own feelings & thoughts and the influence these have on their behavior. Also, by helping children assess their *interests, strengths & limitations*, and by giving them a well-grounded sense of self-efficiency and optimism.

## Time allotment

**TK-5<sup>th</sup> grade:** Approx. 30-60 mins to set up & complete art activity. \*Some artists may take more time, even several days to work on their piece.

## Supplies Needed

- VIDEO ACCESS: AP Video Book Read of *What Do You Do With An Idea* by, Kobi Yamada (Found on the Free Family Resources Page. \*Members can continue to revisit this page from the MY ACCOUNT header link, after signing in.)
- OR, if you own the book: *What Do You Do With An Idea* by, Kobi Yamada
- PRINT: ©KIND IDEAS Egg Character Template for each child. (Download from AP Family Resources Page, Activity #2) \*\*\*OPTION: Print on cardstock, if you plan to frame your child's artwork...
- OR provide CANVAS for each child (minimum size 8 ½ x 11 ½) and use the KIND IDEAS Egg Character template as a tracer to sketch the shape onto canvas for each child.
- Pencil & eraser
- Paint Brushes (fine and medium)
- Super Fine tip Sharpie
- Watercolor Paint: recommended color selection: bright, primary, neutral & nude, NO Black or dark hues, so that you can print your child's KIND IDEA onto painted surface and read the print.  
\*NOTE: We recommend using a nude colored base for the ©KIND Egg & Crown Character.

## Prep Work

- PRINT & TRACE: Print the ©KIND IDEAS Egg Character & Crown tracer template onto cardstock (found on Family Resources Page, activity #2.), creating a tracer. Using pencil, trace shape onto canvas and sketch character "chicken" legs (see storybook or video for direction) OR print template on cardstock, cut out & paste onto another sheet, then, using pencil, sketch character "chicken" legs.
- ART SUPPLIES: Set out pencils, erasers, paint brushes (fine & medium), black Sharpie (USE ONLY AFTER PAINT IS COMPLETELY DRY), watercolor palettes, and optional a) cardstock printed template for each child OR, b) canvas for each child.

NOTE: When working with younger children, we recommend parents or caregivers follow the trace work above as prep work and offer older children the opportunity to follow above trace prep work as part of the project.

## ACTIVITY & ART PROJECT

1. RE-INTRODUCE the *What Do You Do With an IDEA* Story Read VIDEO: (available on the AP Family Resources page), utilizing the following script:

Script: *Let's watch the video of What Do You Do With An Idea one more time, before we do a special art project together!* [watch video]

2. DISCUSS & REVIEW, activity #1 utilizing the following script:

*Remember when we did the first activity and shared the KIND IDEA we had that could make the world a better place? We learned that having courage to share our ideas really can change the world if we grow from **our interests**: the things we like to do, **our strengths**: the things we're really good at, and **our limitations**: the things we need to reach out to others to help us do. Then we talked about & shared our own idea that could solve a problem or make the world a better place.*

*Do you remember some of the things you can do to build your courage? (discuss the following)*

- a. Get a hug from a parent
- b. Talk to your mom, dad, sibling or other family member
- c. Talk to a friend, teacher or other trusted community member
- d. Spend time alone, thinking & planning

*I want you to know that your ideas really matter, and the art project we're going to do will create a keepsake that we can hang on your wall to remind you about what your strengths can do!*

3. BEGIN ART PROJECT: When beginning, give your children the directive that you will offer some simple steps in creating their project but they can feel free to modify these steps however they need to if they are inspired to do something else. Then step through the following:

**Step One:**

**Provide CANVAS to each child.** \*For younger children, canvas should have IDEA Egg Character (with crown and legs) sketched in pencil already on the canvas. Direct children to use light colored watercolor hues to design their egg character (this allows copy to show through in step 2). Let them know that once they have painted their egg character, it will need to dry completely before you move on to step 2. (This is very important and teaches

patience 😊). \*Older children can use the tracer & pencil to sketch character, crown & "chicken" legs onto canvas.

OR Provide CARD STOCK template (printed from Parent Resources Page) & EXTRA CARDSTOCK SHEET to each child. Have child(ren) cut out tracer, then use pencil to trace egg & crown shape onto extra sheet, then sketch character's "chicken legs". Provide light color hued watercolors to children to paint their egg character (this allows copy to show through in next step. Allow \*\*\*paint to dry completely\*\*\*).

#### Step Two:

ONCE PAINT IS COMPLETELY DRY, parent (caregiver) or child can use black Sharpie to TRACE the outline of their character and WRITE the following on the Egg Character:

- TEXT ON THE CROWN: *My KIND IDEA for A BETTER WORLD is...*
- TEXT Centered ON THE EGG: *[Your child's Personal Idea]* (which was developed through Activity #1).

#### Additional Suggestions:

- Post & share images of your experience on social media and tag @AddyPresLFStyle #AddyPresInspires, and we'll be sure to respond to your little world changers! Make the social media experience an *opportunity to share kindness* and discuss the power of social media for sharing *good things*.
- Make a lasting impact on your child by *extending* this art project into your neighborhood, inspiring your neighbors to share their ideas too! Have your little person use sidewalk chalk to draw their egg character with their kind idea, leave a piece of chalk and prompt their neighbors to share their kind idea for a better world too! Have the neighbor take a pic of the addition and tag you (and @AddyPresLFStyle)! (You can suggest the full activity to them later too!)
- Make an even larger impact by working with your kids AFTER your KIND IDEAS experience to make their KIND IDEA a community reality! Help them develop a goal, consider who the helpers will be, collaborate with others to make a plan and put their plan into action for your community! Visit the [APYS ACTIVATION PAGES](#) for ideas that can bring sustainable solutions for climate and plastic pollution to your child's school and community (psst, we can help!)

Thank you for participating with AP! Please find more resources for families by visiting the [APYS Activation Pages](#) and please consider onboarding the [AP GIVE PROGRAM](#) for your child's school!